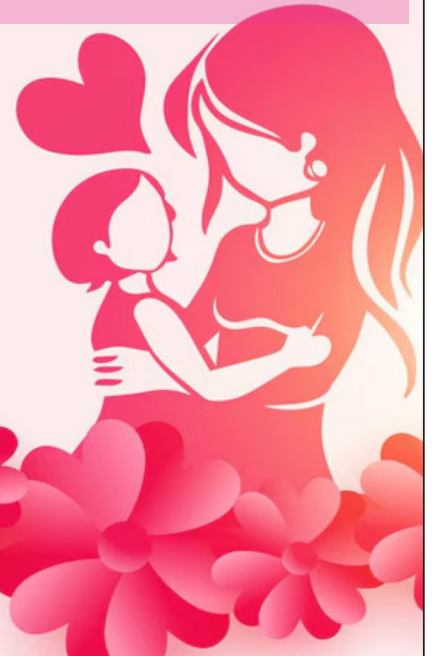




Regina Senior Citizens' Centre Newsletter - May 2026

May 7, 2026 Annual Mother's Day Pancake Breakfast!
Details Page no. 6

HAPPY
Mother's
DAY



Both Regina Senior Citizens' Centre locations will be closed on:

Monday, May 18th, 2026 for Victoria Day



MOSAIC 2026 



With the Mosaic Festival coming back this year, once again our Winnipeg Street location will be serving as the Romanian Pavilion. Please note that all programs (with exception of the Pool Room) will be cancelled for June 3, June 4, and June 5. We will be back to our regular schedule on Monday, June 8. There are no changes to Programs at Elphinstone Street location.

2134 Winnipeg St. Regina, SK, S4P 3X6
Phone: 306-525-2154
Email: office@regina55.com



Access our website by scanning this QR code or use the link regina55.com

2404 Elphinstone St. Regina, SK, S4T 7S7
Phone: 306-359-3847
Email: elphinstone@regina55.com



<https://www.instagram.com/reginaseniorcitizencentre/>

Do you have your 2026 Membership Card?

Annual membership costs \$45.00/ person, valid from Jan 1st to Dec 31st. Membership includes monthly newsletter (available online or \$0.50 for printed copy), 40% discounts on registered programs and access to all drop-in activities and special events.

Why become a member?

It gives you the opportunity to participate in any or all of the RSCC programs, activities and events, and to use all of its services. You also get the priority at the registration for classes.

All activities and programs are provided for a minimum fee. Member fees are \$5.00 and guests are \$8.00 session, with the exception of dances and cards tournaments.

We accept all kind of payments: Cash, Cheques, E-transfer, Debit and Credit card (there is a \$2.50 surcharge for credit, VISA, Mastercard and American Express).



General Information

Opening Hours:

Monday to Friday, from 8:00 am to 4:00 pm for Winnipeg; Weekends & Stat Holidays closed.

Elphinstone from 9:00 am to 4:00 pm

Payments:

We accept all forms of payment: Cash, Card (Debit & Credit) Cheque. Interac e-transfer (Payable to: rsccpayment@gmail.com).

A reminder: \$2.50 surcharge for Credit Visa, Mastercard, and American Express.

Email: Is your email address on file and up-to date?

In order to receive monthly newsletters and correspondence from us, please notify the office if your email address has changed.

Please remember:

Park at your own risk. Please ensure all valuables are kept out of sight in your vehicle. RSCC is not responsible for any loss or damage to vehicles.

Scent Free Environment:

Reminder to please refrain from using perfumes, colognes, scented lotions, etc. while visiting the centres.

MAY 2026

Activities & Program: 2134 Winnipeg St.

SUN	MON	TUES	WED	THURS	FRI	SAT
31	<p>POOL ROOM HOURS Monday to Friday : 8:00 AM - 4:00 PM Saturday : 9:00 AM - 12:00 PM</p> <p>CENTRE WILL BE CLOSED ON May 18 (Victoria Day)</p> 				1 LINE DANCING 8:45 AM - 10:00 AM QUILTING 9:00 AM - 3:00 PM CHAIR YOGA 10:30 AM - 11:30 AM AFTERNOON DANCE 1:00 PM - 3:00 PM	2 POOL ROOM 9:00 AM - 12:00 PM
3	4 PICKLEBALL 9:30 AM - 11:30 AM 11:30 AM - 1:30 PM 1:30 PM - 3:30 PM CARDS : PAGE 5	5 PICKLEBALL 9:30 AM - 3:30 PM TAI CHI CHIH 10:00 AM - 11:00 AM 11:30 AM - 12:30 PM (BEG) 1:00 PM - 2:00 PM CHAIR YOGA 2:15 PM - 3:15 PM CARDS : PAGE 5	6 LINE DANCING 8:45 AM - 10:00 AM LAPIDARY 9:00 AM - 3:00 PM CHAIR YOGA 10:30 AM - 11:30 AM AFTERNOON DANCE 1:00 PM - 3:00 PM PICKLEBALL 4:00 - 6:00 PM	7 PICKLEBALL 4:00 PM - 6:00 PM WOOD CARVING 1:00 PM - 3:00 PM POOL ROOM 6:00 PM - 9:00 PM CARDS : PAGE 5	8 LINE DANCING 8:45 AM - 10:00 AM QUILTING 9:00 AM - 3:00 PM CHAIR YOGA 10:30 AM - 11:30 AM AFTERNOON DANCE 1:00 PM - 3:00 PM	9 POOL ROOM 9:00 AM - 12:00 PM
10	11 PICKLEBALL 9:30 AM - 11:30 AM 11:30 AM - 1:30 PM 1:30 PM - 3:30 PM CARDS : PAGE 5	12 PICKLEBALL 9:30 AM - 3:30 PM TAI CHI CHIH 10:00 AM - 11:00 AM 11:30 AM - 12:30 PM (BEG) 1:00 PM - 2:00 PM CHAIR YOGA 2:15 PM - 3:15 PM CARDS : PAGE 5	13 LINE DANCING 8:45 AM - 10:00 AM LAPIDARY 9:00 AM - 3:00 PM CHAIR YOGA 10:30 AM - 11:30 AM AFTERNOON DANCE 1:00 PM - 3:00 PM PICKLEBALL 4:00 - 6:00 PM	14 PICKLEBALL 4:00 PM - 6:00 PM WOOD CARVING 1:00 PM - 3:00 PM POOL ROOM 6:00 PM - 9:00 PM CARDS : PAGE 5	15 LINE DANCING 8:45 AM - 10:00 AM QUILTING 9:00 AM - 3:00 PM CHAIR YOGA 10:30 AM - 11:30 AM AFTERNOON DANCE 1:00 PM - 3:00 PM	16 POOL ROOM 9:00 AM - 12:00 PM
17	18 CENTRE CLOSED VICTORIA DAY	19 PICKLEBALL 9:30 AM - 3:30 PM TAI CHI CHIH 10:00 AM - 11:00 AM 11:30 AM - 12:30 PM (BEG) 1:00 PM - 2:00 PM CHAIR YOGA 2:15 PM - 3:15 PM CARDS : PAGE 5	20 LINE DANCING 8:45 AM - 10:00 AM LAPIDARY 9:00 AM - 3:00 PM CHAIR YOGA 10:30 AM - 11:30 AM AFTERNOON DANCE 1:00 PM - 3:00 PM PICKLEBALL 4:00 - 6:00 PM	21 PICKLEBALL 4:00 PM - 6:00 PM WOOD CARVING 1:00 PM - 3:00 PM POOL ROOM 6:00 PM - 9:00 PM CARDS : PAGE 5	22 LINE DANCING 8:45 AM - 10:00 AM QUILTING 9:00 AM - 3:00 PM CHAIR YOGA 10:30 AM - 11:30 AM AFTERNOON DANCE 1:00 PM - 3:00 PM	23 POOL ROOM 9:00 AM - 12:00 PM
24 SUNDAY DANCE 1:30 PM - 4:00 PM	25 PICKLEBALL 9:30 AM - 11:30 AM 11:30 AM - 1:30 PM 1:30 PM - 3:30 PM CARDS : PAGE 5	26 PICKLEBALL 9:30 AM - 3:30 PM TAI CHI CHIH 10:00 AM - 11:00 AM 11:30 AM - 12:30 PM (BEG) 1:00 PM - 2:00 PM CHAIR YOGA 2:15 PM - 3:15 PM CARDS : PAGE 5	27 LINE DANCING 8:45 AM - 10:00 AM LAPIDARY 9:00 AM - 3:00 PM CHAIR YOGA 10:30 AM - 11:30 AM AFTERNOON DANCE 1:00 PM - 3:00 PM PICKLEBALL 4:00 - 6:00 PM	28 PICKLEBALL 4:00 PM - 6:00 PM WOOD CARVING 1:00 PM - 3:00 PM POOL ROOM 6:00 PM - 9:00 PM CARDS : PAGE 5	29 LINE DANCING 8:45 AM - 10:00 AM QUILTING 9:00 AM - 3:00 PM CHAIR YOGA 10:30 AM - 11:30 AM AFTERNOON DANCE 1:00 PM - 3:00 PM	30 POOL ROOM 9:00 AM - 12:00 PM

MAY 2026

Activities & Program 2404 Elphinstone St.

SUN	MON	TUES	WED	THURS	FRI	SAT
31	Centre Open: Monday to Friday : 9:00 am to 4:00 pm Weekends & Stat Holidays : Closed <b style="color: red;">Program Coordinator: <b style="color: red;">Julie Rattai : (306) 359 - 3847				1 SILVER SINGERS 9:30 AM - 10:45 AM COURT WHIST 12:00 PM - 3:00 PM	2
3	4 FOREVER IN MOTION 9:30 AM - 10:30 AM PAINT FOR PLEASURE 1:00 PM - 3:00 PM	5 TAI CHI (Non-Instructed) 10:30 AM - 11:30 AM CRIBBAGE 12:00 PM - 3:30 PM	6 TAI CHI CHI (Intermediate) 10:00 AM - 11:00 AM COURT WHIST 12:00 PM - 3:30 PM	7 FOREVER IN MOTION 9:30 AM - 10:30 AM CHAIR YOGA 2:00 PM - 3:00 PM	8 SILVER SINGERS 9:30 AM - 10:45 AM <b style="color: red;">POKER TOURNAMENT <b style="color: red;">7:00 PM - 10:00 PM	9
10	11 FOREVER IN MOTION 9:30 AM - 10:30 AM PAINT FOR PLEASURE 1:00 PM - 3:00 PM	12 TAI CHI (Non-Instructed) 10:30 AM - 11:30 AM CRIBBAGE 12:00 PM - 3:30 PM	13 TAI CHI CHI (Intermediate) 10:00 AM - 11:00 AM COURT WHIST 12:00 PM - 3:30 PM	14 FOREVER IN MOTION 9:30 AM - 10:30 AM CHAIR YOGA 2:00 PM - 3:00 PM	15 SILVER SINGERS 9:30 AM - 10:45 AM	16
17	18 <b style="color: red;">CENTRE CLOSED <b style="color: red;">VICTORIA DAY	19 TAI CHI (Non-Instructed) 10:30 AM - 11:30 AM CRIBBAGE 12:00 PM - 3:30 PM	20 TAI CHI CHI (Intermediate) 10:00 AM - 11:00 AM COURT WHIST 12:00 PM - 3:30 PM	21 FOREVER IN MOTION 9:30 AM - 10:30 AM CHAIR YOGA 2:00 PM - 3:00 PM	22 SILVER SINGERS 9:30 AM - 10:45 AM COURT WHIST 12:00 PM - 3:00 PM	23
24	25 FOREVER IN MOTION 9:30 AM - 10:30 AM PAINT FOR PLEASURE 1:00 PM - 3:00 PM	26 TAI CHI (Non-Instructed) 10:30 AM - 11:30 AM CRIBBAGE 12:00 PM - 3:30 PM	27 TAI CHI CHI (Intermediate) 10:00 AM - 11:00 AM COURT WHIST 12:00 PM - 3:30 PM	28 FOREVER IN MOTION 9:30 AM - 10:30 AM CHAIR YOGA 2:00 PM - 3:00 PM	29 SILVER SINGERS 9:30 AM - 10:45 AM COURT WHIST 12:00 PM - 3:00 PM	30

MAY 2026

Cards @ WSC & ESC

SUN	MON	TUES	WED	THURS	FRI	SAT
31					1 COURT WHIST @ESC 12:00 PM - 3:00 PM	2
3	4 CRIBBAGE @WSC 11:30 AM - 3:30 PM	5 KAISER @WSC 11:30 AM - 3:30 PM CRIBBAGE @ESC 12:00 PM - 3:00 PM	6 COURT WHIST @ESC 11:30 AM - 3:30 PM	7 KAISER @WSC 11:30 AM - 3:30 PM CRIBBAGE @WSC 11:30 PM - 3:30 PM BRIDGE @WSC 11:30 AM - 3:30 PM	8	9
10	11 CRIBBAGE @WSC 11:30 AM - 3:30 PM	12 KAISER @WSC 11:30 AM - 3:30 PM CRIBBAGE @ESC 12:00 PM - 3:00 PM	13 COURT WHIST @ESC 11:30 AM - 3:30 PM	14 KAISER @WSC 11:30 AM - 3:30 PM CRIBBAGE @WSC 11:30 AM - 3:30 PM BRIDGE @WSC 11:30 AM - 3:30 PM	15	16
17	18 CENTRE CLOSED VICTORIA DAY	19 KAISER @WSC 11:30 AM - 3:30 PM CRIBBAGE @ESC 12:00 PM - 3:00 PM	20 COURT WHIST TOURNAMENT @ESC 11:30 AM - 3:30 PM	21 KAISER TOURNAMENT @WSC 11:30 AM - 3:30 PM CRIBBAGE @WSC 11:30 AM - 3:30 PM BRIDGE @WSC 11:30 AM - 3:30 PM	22 COURT WHIST @ESC 12:00 PM - 3:00 PM	23
24	25 CRIBBAGE @WSC 11:30 AM - 3:30 PM	26 KAISER @WSC 11:30 AM - 3:30 PM CRIBBAGE @ESC 12:00 PM - 3:00 PM	27 COURT WHIST @ESC 11:30 AM - 3:30 PM	28 KAISER @WSC 11:30 AM - 3:30 PM CRIBBAGE TOURNAMENT @WSC 11:30 AM - 3:30 PM BRIDGE @WSC 11:30 AM - 3:30 PM	29 COURT WHIST @ESC 12:00 PM - 3:00 PM	30

Regina Senior Citizens' Centre
Join us for our

MOTHER'S DAY

Annual Pancake Breakfast



Continuously
Sponsored by:



**PANCAKE | SAUSAGE | WHIPPING CREAM
STRAWBERRIES | TEA OR COFFEE**

Drop-in Event/ Everyone Welcome

Thursday, May 7, 2026

2134 Winnipeg Street

9:00 AM ~ 11:00 AM

\$ 5.00 / PERSON

ENTERTAINMENT : DENNIS FICOR

May Fellowship Dinner

Tuesday | May 19 | 2134 Winnipeg St. | Door open at 4.45 pm | Dinner at 5.30 pm

Menu:

1. Zuppa Toscana & Garlic Bread
2. Polpette alla Napoletana (Meatballs)
3. Penne & Fusili Pasta
4. Green Salad
5. Mini Cupcakes
6. Coffee and Tea



\$20/ members ; \$25/ guests

Registration required & begins at 9 am, Saturday May 9

Registration before that time will not be accepted

Guests must be registered by, and attend with, an RSCC member

REGISTER BY CALLING : (306) 584-3137

Leave a message with your name and phone number,
the number of seats you are requesting and
your RSCC membership number.

Please have the information ready before you call!

You'll receive a callback to confirm that you have seats or
are on the waiting list- please be patient.

Pre-Dinner Entertainment : Homemade Jam

The RSCC wishes to thank its Sponsors...





AFTERNOON *Dance*



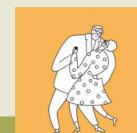
May 6 & 8	Al and Company
May 13 & 15	Dennis
May 20 & 22	Poplar Creek
May 27 & 29	Musical Friends

June 3 & 5	No Dance
June 10 & 12	Dreher's
June 17 & 19	Al and Company
June 24 & 26	Musical Friends

July 1	No Dance
July 3	Jim Woytuik
July 8 & 10	Al Company
July 15 & 17	Musical Friends
July 22 & 24	Dennis
July 29 & 31	Poplar Creek

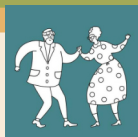
Aug 5 & 7	Al and Company
Aug 12 & 14	Musical Friends
Aug 19 & 21	Dennis
Aug 26 & 28	Poplar Creek

2134 Winnipeg St
From 1:00 pm to 3:00 pm

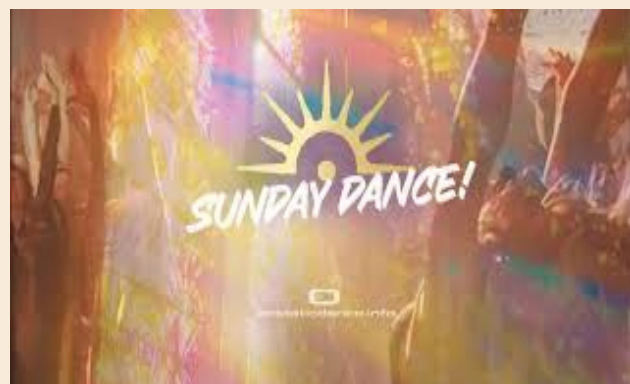


SUNDAY *Dance*

2134 Winnipeg St
From 1:30 pm to 4:00 pm



Cost	: \$10 /person
May 24	: Dennis
June 14	: Musical Friends
July	: No Dance
August	: No Dance
Sep 13	: Al and Company
Oct 18	: Musical Friends
Nov 8	: Dennis
Dec 6	: Musical Friends



CLUB 66 *Social Club*

2134 Winnipeg St
Friday Night Dance 7:30 pm to 11:30 pm
Contact for more Info: (306) 529-6381

Costs	: \$15 /members; \$17 /guests Coffee & Tea Provided No Lunch
May 8	: Len & Joe Gadica Mother's & Father's Day Dance
May 22	: Leon Ochs

LET'S DANCE *Regina*

2134 Winnipeg St
Friday Night Dance 7:30 pm to 11:00 pm
Contact for more Info: (306) 331-7290



Costs	: \$15 /members; \$17 /guests Coffee & Tea Provided Lunch to Follow
May 1	: Sugar Top Music Mother's Day Dance
May 15	: Dennis Floor

SUNDAY *Dance*

@WSC: 2134 Winnipeg St

**SAVE
THE DATE!**

Date: **May 24, 2026**
Time: **1:30 pm - 4:00 pm**



Cost: **\$8.00 / members**
\$10.00 / non-members



Dennis



50/50 Draw
Everyone Welcome!

WOOD *Carving* - 2134 Winnipeg st.

We are delighted to introduce our new *Wood Carving* Program, a creative and relaxing space where craftsmanship meets imagination.

Join us *every Thursday* and discover the Art of shaping wood into beautiful, Handcrafted pieces. Whether you're a beginner or have some experience, this program offers a wonderful opportunity to learn, create, and connect with others.

Time: **Thursday, 1:00pm - 3:00pm**
Costs: **\$5.00 / members**
\$8.00 / guests

Carve your creativity, one piece at a time.



The RSCC wishes to thank its Sponsors...



CHAIR *Yoga*

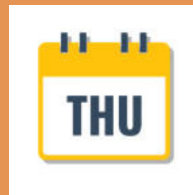
May & June Sessions

Beginner

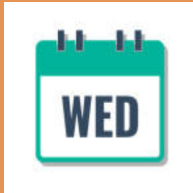


Dates: **May 19, 26**
June 2, 9, 16, 23
 Time: **2:15 pm - 3:15 pm**
 @WSC: 2134 Winnipeg St

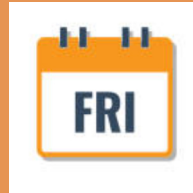
Note: NO Class on May 12



Dates: **May 14, 21, 28**
June 4, 11, 18, 25
 Time: **2:00 pm - 3:00 pm**
 @ESC: 2404 Elphinstone St



Dates: **May 13, 20, 27**
June 3, 10, 17, 24
 Time: **10:30 am - 11:30 am**
 @WSC: 2134 Winnipeg St



Dates: **May 15, 22, 29**
June 5, 12, 19, 26
 Time: **10:30 am - 11:30 am**
 @WSC: 2134 Winnipeg St

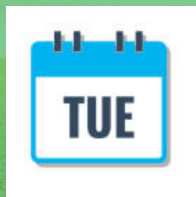
All classes are full except Tuesday (Beginner class)

TAI CHI *Chih with Larry Firth*

Joy thru movement with accredited Tai Chi Chih instructor Larry Firth. Come and try a new self-healing practice. Softness, flow and effortlessness are the guiding principles in this practice. 19 movements and 1 pose are designed to stimulate, circulate and balance the energy of your body.

10 Week Classes
 Cost: **\$5.00 / members**
\$8.00 / non member
 Drop-in fee

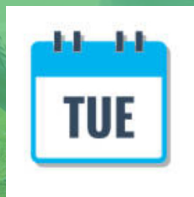
Advanced



10:00 am - 11:00 am

@WSC: 2134 Winnipeg St.

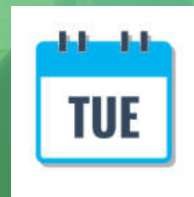
Beginner



11:30 am - 12:30 pm

@WSC: 2134 Winnipeg St.

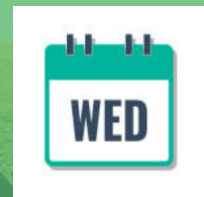
Advanced



1:00 pm - 2:00 pm

@WSC: 2134 Winnipeg St.

Intermediate



10:00 am - 11:00 am

@ESC: 2404 Elphinstone St.

The RSCC wishes to thank its Sponsors...



REGINA SENIOR CENTRE PRESENTS

FAMILY STYLE

BiNGO



Night

MAY 27

6:30 PM DOORS OPEN AT 5:30 PM

2134 Winnipeg St. - South Entrance

20 GAMES FOR \$20.00

4 PLAYING CARDS

CASH PAYOUTS!

40% OF ENTRY FEES

(all profits support the RSCC)

CANTEEN AVAILABLE



The RSCC wishes to thank its Sponsors...



POOL ROOM *News*

The pool room continues to get busier, as snowbirds return and new members discover it.

A big thank you to the pool room volunteers who host and sell tickets – they are a big part of the positive, welcoming atmosphere that attracts people to the room.

8-Ball and 9-Ball Leagues

In March the league playoffs were completed with Garth Stoughton taking the 8-ball title and Dan Bolianatz capturing the 9-ball crown. Congratulations to them, and to everyone who made the leagues a success once again. Leagues will begin again in September.

Floors By Design Snooker Tournament

In April we have held a snooker tournament, sponsored by Floors By Design and Jim Illingworth, who have fully sponsored the event by providing prize money, ticket support and a free windup lunch for all pool room players and partners.

With 22 players in 54 matches to decide the A, B and C bracket winner, the tournament has seen 6 days of excellent play. The final rounds are being held as this goes to print, so results next month.

Thank you Floors by Design!

The Tony Frei Memorial 8-Ball tournament

The loss of Tony last year has been deeply felt in the pool room and the Centre. Tony loved 8-ball and along with the many hours he volunteered in managing and promoting the pool room over the years, he sponsored a tournament each year. The Centre has agreed to provide the prize money to continue a yearly tournament to honour Tony's memory. ***The first Tony Frei Memorial tournament will run on May 11, 12 & 13*** and there will be a windup lunch provided by Doris, Tony's wife and family. Signup sheets for the tournament are posted in the pool room now.

Deadline to enter is Tuesday, May 5 at 3:00 pm.

2134 Winnipeg St.

May Long Weekend:

**The pool room will be open on*



Date: Saturday, May 16, 2026
Time: 9:00 am - 12:00 pm

Date: Monday, May 18, 2026
Time: 10:00 am - 2:00 pm

The RSCC wishes to thank its Sponsors...



Music & Muffins

Celebrating Canada with *Silver Singers*

Join us for a free and fun filled morning featuring live music, treats and disc golf!
Complimentary snacks and refreshments provided!

Friday, May 29, 2026

at 2404 ELPHINSTONE ST.

Chocolate Muffin Vibe



**SILVER SINGERS CHOIR
PERFORMANCE :-
9:30 AM - 11:00 AM
FREE EVENT; ALL WELCOME**

**DISC GOLF TOURNAMENT
2:00 PM - 4:00 PM (WEATHER PERMITTING)
PRIZES TO BE WON
\$5.00/ MEMBERS
\$8.00/ NON-MEMBERS
REGISTRATION DEADLINE: MONDAY, MAY 25**

**DISC GOLF COURSE
2404 ELPHINSTONE STREET**

**THE COURSE IS AVAILABLE
SEVEN (7) DAYS OF THE WEEK
FROM SUNRISE TO SUNSET.**



Yorkshire Pudding

Tips:

Baked by starting batter in **COLD** muffin tins.

Bake for 25 minutes.

Do not be tempted to open the oven door before 20 minutes.



Ingredients

- 1 Cup All Purpose Flour
- Pinch of Salt
- 1 Cup of Eggs
- 1 Cup Milk

- Beat all of the ingredients well together.
- Cover and leave in 'fridge for at least 2 hours or up to 24 hours.
- Set oven at 425°F.
- Brush each muffin tin well with oil (not olive oil)
- Divide batter into each of 12 cold oiled muffin tins.



POTTERY WITH ANGELA HIPFNER

OPEN POTTERY STUDIO

AN OPPORTUNITY TO CREATE A POTTERY PROJECT OF YOUR CHOICE. OPEN TO A MAXIMUM OF 8 STUDENTS, WITH PRIOR POTTERY EXPERIENCE.

CREATE A UNIQUE PIECE, NO FORMAL INSTRUCTIONS WILL BE PROVIDED, BUT ANGELA WILL BE IN STUDIO TO ASSIST IF NEEDED.

ALL MATERIALS WILL BE SUPPLIED, BRING ANY TEMPLATES OR SPECIALIZED TOOLS IF DESIRED. ANY QUESTIONS CONTACT ANGELA : (306) 520-2661

MONDAY, MAY 11 : MAKING PROJECT
MONDAY, MAY 25 : GLAZING PROJECT

TIME : 1 PM TO 3 PM

LOCATION : 2134 WINNIPEG ST

COST : \$25/ MEMBERS
\$30/ NON-MEMBERS

CALL US TODAY TO RESERVE A SPOT :
(306) 525-2154 OR OFFICE@REGINA55.COM



2404 Elphinstone St.

Date: Friday, May 8, 2026

Time: 7:00 pm - 10:00 pm

**Doors open 6:30 pm*

*** Limited seating*

Cost: \$40.00 Entry

**No Rebuys*

*** Evening lunch provided
at 8:15 pm*

More info contact Julie

306-359-3847

POOL LESSON WITH LEO

Whether you're learning to play pool for the first time or just a little rusty, join us for a fun afternoon with a coach/instructor who will teach you the basics. The session also includes time to practice with others who attend. Best of all, there is no cost to participate!

DATE : SUNDAY | MAY 24

TIME : 1 PM TO 4 PM

Registration required!

Call our office to sign up :-

(306) 525 - 2154 OR office@regina55.com

Thank you for a Wonderful Spring Tea Event

The Regina Senior Citizens' Centre extends its sincere gratitude to everyone who contributed to organizing the Spring Tea held on April 25. The event was a great success and was thoroughly enjoyed by all who attended.

A special thank you to Angie Craig and Kathy White for stepping up and leading the event with such dedication and enthusiasm.

We would also like to recognize the students from Miller School for their excellent service, as well as our wonderful volunteers. Your efforts—including the beautiful piano performance—greatly enhanced the atmosphere and overall success of the event.

We are pleased to share that the event was not only enjoyable but also profitable for the Centre. We truly appreciate everyone's contributions and teamwork. We look forward to hosting another successful gathering in the fall with our upcoming Harvest Tea!

Thank you once again for your continued support.



Hello!

The Bentley Regina RETIREMENT LIVING

OPEN HOUSE

Saturday
May 2, 2026
1pm-4pm

Live life
to the fullest,
everyday!



Scan to learn more!

We can't wait to see you!

3105 Hillsdale Street, Regina, SK
306-584-3333 Book Your Tour
CogirSeniorLiving.ca

cogir
SENIOR LIVING

The RSCC wishes to thank its Sponsors...

The Medicine
Shoppe
PHARMACY

PHARMACY NOW OPEN



1-4601 E Green Apple Drive • 306-525-4601

We are always
accepting
new patients.

Transfer your
prescription
today!



Thank you to RSCC Sponsors and Corporate Members for their support

